

St Peter and St Paul's RC Primary School

Religious Education Non-Negotiables



Growing in faith together and holding God's hand...
We dream, believe, achieve

R.E. Non-Negotiables

EYFS		
Myself Welcome Judaism – Hanukkah Birthday	Celebrating Gathering Growing	Islam – Prayer Mats Good news Friends Our World
<p>Myself</p> <ul style="list-style-type: none"> God knows us by our name and loves each one of us. Prayer is talking and listening to God. You can pray at any time. Scripture is the stories, letters and poems in the Bible. God made everything. <p>Welcome</p> <ul style="list-style-type: none"> Baptism is the ceremony where people are welcomed into church. Anyone can be baptized. We make the sign of the cross when we start praying. Holy water is poured on the head of the person being baptized. Godparents help you grow in the life of the church. <p>Judaism – Hanukkah</p> <ul style="list-style-type: none"> Hanukah is a Jewish celebration Hanukah is the Festival of lights. It lasts for eight days and is celebrated in December. A menorah is a nine branched candlestick. The ninth candle is called the serving lamp. <p>Birthday</p> <ul style="list-style-type: none"> Advent is the time when we get ready for Christmas. Christmas is when we remember and celebrate the birth of Jesus. Jesus is God's son. Mary is Jesus' mother. Jesus was born in a stable. 	<p>Celebrating</p> <ul style="list-style-type: none"> A celebration is where people get together to remember and say thank you for something special that has happened. Mary and Joseph took Jesus to the Temple to present Jesus to God and say thank you. The parish are the people who come together to celebrate and pray at church. Mass, baptism, weddings, Christmas and Easter are things celebrated by the parish. <p>Gathering</p> <ul style="list-style-type: none"> On Sundays, the parish family gathers for Mass. At the start of Mass, everyone joins in singing a gather song. The priest and altar servers process in. Readings we listen to in church are God's word, telling us stories of God's love. Readings are read from the Lectern. Jesus showed love and kindness to children. <p>Growing</p> <ul style="list-style-type: none"> Mary & Joseph helped Jesus to grow in love. The special period of 40 days before Easter is called Lent. Lent begins on Ash Wednesday. During Lent, we try to think about show God's love to others. Jesus died on Good Friday. 	<p>Islam – Prayer Mats</p> <ul style="list-style-type: none"> Muslims follow the religion of Islam. Muslims use a prayer mat to pray. Muslims take their shoes off before standing on a prayer mat. The Qur'an is a very precious book for Muslims. They wash their hands before touching it and keep it in a cover. <p>Good news</p> <ul style="list-style-type: none"> On Pentecost day, God sent the Holy Spirit. Pentecost is the name for the birthday of the Church. When Jesus went back to his father, his friends were sad. When God sent the Holy Spirit, his friends were happy and excited. His friends went to tell everyone about Jesus. <p>Friends</p> <ul style="list-style-type: none"> Friends look after and do things for one another. Jesus and his friends worked, told people the Good news of God's love. Jesus' most important rule was to love one another. <p>Our World</p> <ul style="list-style-type: none"> God made the world. God made the world for us to share equally. Everyone should take care of the world. It is important to save water. CAFOD is a special group who help us all care for the world and those who are poor.

Year 1

Families Belonging Judaism – Moses & Abraham Waiting	Special People Meals Change	Islam – Muhammad Holidays & Holyday Being Sorry Neighbours
<p>Families</p> <ul style="list-style-type: none"> Family means people who you love and love you, the people you live with. Your family are those in your own family, those in your school family and those in God's family. You can show you care by being kind. A psalm is a prayer or song to God. God, Mary and Joseph are Jesus's family. <p>Belonging</p> <ul style="list-style-type: none"> We welcome a baby into a new family with a party or gathering. We welcome a baby into the church through baptism. During a baptism, the Gospel is read, there are readings from the Bible and stories about Jesus. A font is where you baptize the baby. The font has Holy water in it. The baby, family, parents and god-parents go to a baptism. <p>Judaism – Moses & Abraham</p> <ul style="list-style-type: none"> Abraham is a special person to Jewish people. God asked Moses to take his people out of Egypt. God promised Abraham he would have lots of family members. <p>Waiting</p> <ul style="list-style-type: none"> Purple is the liturgical cloth colour for Advent. There are five candles on an advent wreath. The lit candle reminds us that Jesus is the light of the world. Mary was visited by the angel Gabriel, a messenger from God. Jesus was born in Bethlehem in a manger. He was visited by angels, animals and three wise men/ kings. 	<p>Special People</p> <ul style="list-style-type: none"> Special people in our community may be police officers, NHS staff, parents, teachers, priests, shop workers. In Mass, three special roles are: the priest, altar server, greeters, readers, offertory procession. We can love and serve Jesus by helping at mass, being kind, listening to our parents. Mary and Joseph took Jesus as a baby to be presented in the Temple. During the Feast of the Presentation of Jesus, candles are carried to remind us, Jesus brings light to the world. <p>Meals</p> <ul style="list-style-type: none"> The parish family gathers for the Eucharist (Mass), Jesus' special meal. Catholics go to Mass, as member of the Church's family to celebrate and receive strength. When Catholics celebrate Mass, they celebrate Jesus's special meal. Jesus feeds us with his Word and himself in Holy Communion. <p>Change</p> <ul style="list-style-type: none"> Lent begins on Ash Wednesday. Ashes are made from palm leaves from last year. During Lent, we try to say our prayers, be kind to others. On Palm Sunday, Jesus rode into Jerusalem, people were waving the palms, shouting 'hosanna'. Jesus died on the cross, for our sins. 	<p>Islam – Muhammad</p> <ul style="list-style-type: none"> Muhammad (Peace Be upon Him) is a special person to Muslims. An angel spoke to him and told him about Allah, the one God. Muhammad was chosen to be a Prophet. Muhammad teaches us about kindness. <p>Holidays & Holyday</p> <ul style="list-style-type: none"> Christmas, Easter Week, Ash Wednesday and Holy Week are holy days. The Holy Spirit is the helper and guide that Jesus promised. During Pentecost, the Holy Spirit came to the disciples. The Holy Spirit allowed the disciples to speak in lots of different languages about Jesus. Pentecost is the birthday of the church, it is when Christianity started. <p>Being Sorry</p> <ul style="list-style-type: none"> Jesus's New Commandment was, 'Love one another, as I have loved you'. When we make the wrong choice, it can be hard to say sorry. We can say thank you and sorry to God in our night time prayers. The Chief Tax Collector in the bible took too much money and kept it for himself. He showed he was sorry by giving his belongings to the poor and paying people back four times as much. <p>Neighbours</p> <ul style="list-style-type: none"> A good neighbor is someone who is kind to others, shares and gives to charity. In the story of the Good Samaritan, a stranger cares for someone who is in need. To be a good Samaritan, we should care for others. We are all part of God's world and God's family.

Year 2

Beginnings Signs and Symbols Judaism – Shabbat Preparations	Books Thanksgiving Opportunities	Islam – Prayer at home Spread the word Rules Treasures
<p>Beginnings</p> <ul style="list-style-type: none"> • The story of creation is in the book of Genesis. • In the Creation Story, God said let there be light and there was light. Let there be water and there was water. • A special place to pray can be a place to reflect. • God is there to guide us at every new beginning. • St Paul travelled far and wide to set up the church in Ephesus. <p>Signs and Symbols</p> <ul style="list-style-type: none"> • The Priest welcomes the baby in baptism. • The priest makes the sign of the cross on the baby's head. • The water symbolizes washing away the sins. • A white garment is worn by the baby during the baptism. • The priest anoints the baby with the Oil of Chrism. <p>Judaism – Shabbat</p> <ul style="list-style-type: none"> • Jewish people celebrate Shabbat to symbolize God resting on the seventh day in the creation story. • The mother lights the candles to symbolize the beginning of Shabbat. • Shabbat is a time to talk and celebrate with family. • Challah Bread is made and shared when celebrating Shabbat. <p>Preparations</p> <ul style="list-style-type: none"> • During Advent, we prepare for the birth of Jesus. • There are 5 candles on the Advent wreath. • Isaiah was a messenger of God who told the people to prepare for someone coming. • Angel Gabriel told Mary the baby shall be named Jesus. He will be the Son of God. • Christmas night is holy because Jesus, the Son of God, was born. 	<p>Books</p> <ul style="list-style-type: none"> • The two main sections of the Bible are the Old Testament and the New Testament. • Matthew, Mark, Luke and John wrote the four gospels. • The word Gospel means Good News. • In church, the Word of God is read from the Lectern. • The Missal, Bible and Hymn books are the books used during Mass. <p>Thanksgiving</p> <ul style="list-style-type: none"> • The Last Supper is the special meal Jesus had with his disciples before he died. • The priest uses the same words that Jesus said at The Last Supper, when preparing for Communion. • God of Hosts means God of all angels in heaven. • Eucharist means Thanksgiving. • The chalice holds the wine/ blood of Christ. <p>Opportunities</p> <ul style="list-style-type: none"> • Lent begins on Ash Wednesday. • Lent lasts for forty days. • Holy Week begins on Palm Sunday. • At the beginning of the Last Supper, Jesus washed the disciples feet. • There are 14 stations of the cross. • On Easter Sunday, Christians celebrate the resurrection. 	<p>Islam – Prayer at home</p> <ul style="list-style-type: none"> • Muslims pray to Allah. • Muslims pray five times every day. • Before they pray they take off their shoes, cover their heads and wash (wudu). • Muslims use a prayer mat to pray. • They face Makkah the holy city for Muslims. <p>Spread the word</p> <ul style="list-style-type: none"> • Jesus promised to send the Holy Spirit to his disciples. • The Ascension is when Jesus joined his father in heaven. • God's family celebrate the coming of the Holy Spirit on Pentecost. • St Paul tells us not to be sad when people die, they meet God in heaven. • The Holy Spirit helps us when we find things difficult. <p>Rules</p> <ul style="list-style-type: none"> • A sin is when something bad is done on purpose. • Jesus told Peter he must forgive his friends 70 times. • We ask God for forgiveness in the sacrament of reconciliation. • In the sacrament of reconciliation, the priest tells you your sins are now forgiven. • After saying the Our Father in mass, we offer each other the sign of peace. <p>Treasures</p> <ul style="list-style-type: none"> • God created the world for us to share. • God wanted us to look after and preserve his world. • It is important for us to look after water, as people in other countries need it. • We can praise God by following his message. • We can praise God by attending church/ mass.

Year 3

Homes Promises Judaism - Synagogues Visitors	Choices Journeys Giving All	Islam – The Mosque Energy Listening and Sharing Special Places
<p>Homes</p> <ul style="list-style-type: none"> God is the loving parent of our human family. Jesus was born and lived in a human family. God is present in every home. Paul's letters teach us God's vision for every family. On the road to Damascus, Paul was blinded by a bright light and told everyone the good news about Christianity. <p>Promises</p> <ul style="list-style-type: none"> A sacrament helps us to appreciate what God is like and what God is doing everywhere. You can be baptized at any age. Sacraments help welcome Christians into the church. A profession of faith is saying what you believe out loud in front of other people in Church. Water is used during a baptism as it is a sign of new life. A White garment is used during Baptism as it shows the baby is clothed in Christ and will be a follower of Jesus. <p>Judaism - Synagogues</p> <ul style="list-style-type: none"> A synagogue is a building where Jewish people meet to worship. A tallit is a Jewish religious prayer shawl usually is made from wool or cotton. A kippah is worn on your head, it is worn by Orthodox Jewish men. A synagogue contains an ark where the scrolls are kept. It has an eternal light burning before the ark. A rabbi is a person appointed as a Jewish religious leader. <p>Visitors</p> <ul style="list-style-type: none"> We prepare for visitors by tidying up, preparing food and making them feel welcome. Advent is a season during which the Church prepares for the coming of God into our world at Christmas. A Jesse tree is a traditional way of remembering that we are drawing near to Christmas. The Jesse tree represents the family of Jesus. Mary was visited by the angel Gabriel (Annunciation) and she visited her cousin Elizabeth (Visitation) The shepherds (the poorest and least important in society) were chosen to be the first people to visit Jesus. The Wise men travelled far to visit Jesus. 	<p>Choices</p> <ul style="list-style-type: none"> The sacrament of reconciliation is the celebration of God's love and mercy. A sin is a wrong choice which is done on purpose. A penitent is a person who is saying sorry. Reconciliation is important so that we can live good peaceful lives and live in harmony. Reconciliation is important so that we can celebrate all of the gifts we have been given by God. <p>Journeys</p> <ul style="list-style-type: none"> The liturgical year is the year of the Church family. The Liturgical year begins with the first Sunday of Advent and ends with the feast of Christ the King. A feast day is a day family to celebrate an event in the life of Jesus, Mary his mother or a saint. In Ordinary time the Sundays are given numbers and the colour used is green. Purple is the Church's colour used to represent Advent and Lent. Red is the colour used to represent Pentecost. <p>Giving All</p> <ul style="list-style-type: none"> Lent is an important time for Christians, when they practice both giving and giving up something. When parents are older, they may need to be looked after by their children. In his Gospel, Matthew tells us that when we are loving and caring for others, we are also loving and caring for Jesus. Jesus took the disciples to the Garden of Gethsemane after the Last Supper to pray. Jesus was taken prisoner, before his crucifixion. 	<p>Islam – The Mosque</p> <ul style="list-style-type: none"> The mosque is a building where Muslims go to worship. An imam is a Muslim religious leader Mosques usually have a tall tower called a minaret. For Muslims, Friday is the most important day of the week. The Muslim symbols of the crescent moon and star are often seen <p>Energy</p> <ul style="list-style-type: none"> A disciple is a follower of Jesus. An apostle is someone who is sent out to spread the word of Good News of Jesus to the world. During Pentecost, a strong powerful wind and tongues of fire filled the room, spread out and touched the disciples. After they had been touched by the Holy Spirit, they went out and spoke in all different languages to spread the Good News. The gifts of the Holy Spirit are Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, Fear of the Lord. <p>Listening and Sharing</p> <ul style="list-style-type: none"> A rite is the action of God's people, a ceremony or an act. A Penitential Act is to say sorry for anything we have done wrong and prepares the Parish family for the Eucharist. The Gloria is a prayer praising and glorifying God which also prepares people for listening to God's Word. We make the Sign of the Cross on our foreheads, lips and heart, in preparation to hear the Good News of the Gospel of Jesus Christ. Holy Communion is the sacrament where we are united with Jesus and we share his body and blood. The cup used for the wine is called a chalice and the dish for the host is called a paten. <p>Special Places</p> <ul style="list-style-type: none"> Bethlehem, Nazareth and Jerusalem are special places for Jesus. Places where Jesus grew up are known as the Holy Land. A journey, often to another country where a person goes in search of new meaning is called a pilgrimage. Rome, Lourdes and the Holy Land are important locations of pilgrimages around the world.

Year 4

People Called Judaism - Torah Gift	Community Giving & Receiving Self-Discipline	Islam – Qur'an New Life Building Bridges God's People
<p>People</p> <ul style="list-style-type: none"> A family tree tells us about people in your family from a long time ago. Abraham is the first person mentioned in Jesus' family tree. Abraham means 'great father'. Ruth said "Wherever you go, I will go with you. Wherever you live, I will live. Your people will be my people and your God shall be my God." <p>Called</p> <ul style="list-style-type: none"> Samuel, David and the apostles are examples of people who have been chosen by God and responded to his call. A sacrament is a celebration of God's gift of friendship with Jesus and with the parish community. Confirmation is a Sacrament of Initiation, of belonging and it is usually celebrated by a Bishop. A sponsor is someone who represents the parish community and supports the person being Confirmed. The Bishop says, 'Be sealed with the gift of the Holy Spirit.' <p>Judaism – Torah</p> <ul style="list-style-type: none"> The Jewish Holy Book is called the Torah. The Torah is written in Hebrew. When someone reads the Torah, they cannot touch it so they use a Yad. The special ceremony for when a boy or girl enters the Jewish community is called Bar/Bat Mitzvah. <p>Gift</p> <ul style="list-style-type: none"> Advent candle, calendar, purple cloth, wreath are symbols of Advent. Isaiah was a prophet who was waiting for the coming of the Messiah. The third Sunday of Advent is called 'Gaudete Sunday', <i>Gaudete</i> is a Latin word for Rejoice. The wise men brought gifts of gold, frankincense and myrrh. Christmas is the season during which the Christian family thinks about and celebrates God's gift of love, made known in Jesus. 	<p>Community</p> <ul style="list-style-type: none"> A community is a group of people living in the same place or having the same things in common. A parish is a group of people living in the same place or having the same things in common. A priest guides the Christian community in a parish through leading the celebration of the Sacraments and serving the parish family. We are part of the parish of St Edmund and St Patrick. Holy Water, Easter Candle, Bible, Cross are symbols of the funeral mass. <p>Giving & Receiving</p> <ul style="list-style-type: none"> The priest kisses the altar as a symbol of Christ. The priest represents Christ. The Introductory Rite is the start of the Eucharistic service. The Penitential Act is everyone asking for mercy and forgiveness. The Communion Rite includes the Lord's Prayer, the Sign of peace, Lamb of God, Holy Communion and the Prayer after Communion. At the end of Mass, the priest prays a final blessing and the Christian family are sent out to live in love, friendship and communion with God and with one another <p>Self-Discipline</p> <ul style="list-style-type: none"> Lent begins on Ash Wednesday. In Lent Christians practice Prayer and reflection, Fasting and Alms Giving. Holy week begins on palm Sunday. The Easter Triduum is made up of Holy Thursday (Maundy Thursday), Good Friday and Easter Saturday. On Good Friday Christians remember the suffering and death of Jesus 	<p>Islam – Qur'an</p> <ul style="list-style-type: none"> The Islamic Holy Book is called the Qur'an. Muslims believe the Qur'an contains the actual words of Allah spoken to Muhammad by the angel Gabriel. The Qur'an is written in Arabic. The Qur'an contains guidance for how Muslims should live their lives. There are 99 names for Allah. A subha is a string of beads used to recite the names and to count prayers. <p>New Life</p> <ul style="list-style-type: none"> Pentecost is the coming of the Holy Spirit Peter and John were imprisoned for talking of the Holy Spirit and Jesus. Philip helped the Ethiopian man to read the Bible. Saul was a Pharisee who did not like followers of Jesus. He became a Christian and changed his name to Paul. Paul faced troubles when spreading the Good News such as being shipwrecked and being put in prison. <p>Building Bridges</p> <ul style="list-style-type: none"> Reconciliation brings us back to God, who forgives us and absolves us from our sins. The Sacrament of Reconciliation is also called Confession, Penance and Sacrament of Forgiveness. Contrition is when you are sorry for your sins and ask for forgiveness. To be absolved means to be free from sin. St John Paul II built a bridge when he forgave the man who tried to kill him. <p>God's People</p> <ul style="list-style-type: none"> Saints are people who have lived in God's way. On 1 November every year the Church celebrates the Feast of All Saints. Oscar Romero was a martyr, who gave his life for his faith. Saint Teresa of Kolkata (Calcutta) lived out what she believed. Martin Luther King showed the love of Jesus in his life and actions.

Year 5

Ourselves Life Choices Judaism – Passover Hope	Mission Memorial Sacrifice Sacrifice	Islam – Ramadan & Pilgrimage Transformation Freedom & Responsibility Stewardship
<p>Ourselves</p> <ul style="list-style-type: none"> • A peacemaker is a person who brings about peace. • God made us all in his image. • God loves us unconditionally. • God made us with different 'unique' qualities • An example of a person who had courage to use their God given qualities for the service of others is ... <p>Life Choices</p> <ul style="list-style-type: none"> • An apostle is a person who lives out the Christian mission (To say and do God's will). • Fidelity is being faithful and loyal to a person or belief. • Marriage is a sacrament. It is celebrated when two people join together. • Promises are made at the sacrament of marriage. • Couples exchange rings during the marriage ceremony to represent their love of each other and God. <p>Judaism – Passover</p> <ul style="list-style-type: none"> • Jews celebrate Passover to remember the time when the children of Israel were led out of Egypt and away from slavery by Moses. • The Shema is a Jewish prayer • A Mezuzah is a parchment inscribed with religious texts and attached in a case to the doorpost of a Jewish house as a sign of faith. <p>Hope</p> <ul style="list-style-type: none"> • Advent is a time to remember God's promise to send a Messiah and waiting in joyful hope for the coming of Jesus at Christmas. • Hope is wanting something to happen.# • The Advent wreath is lit every week to mark the time of waiting to celebrate Christ's coming. • Isaiah prophesized the birth of Jesus. • Jesus is the light in the darkness that brings hope. 	<p>Mission</p> <ul style="list-style-type: none"> • Parish families form part of larger Christian communities called dioceses. • We are in Salford Diocese. • Bishop John Arnold is the leader of our diocese. • The Bishops church in a diocese is called a Cathedral. • All Christians are journeying towards God and towards unity, remembering Jesus' words that '<i>they may all be one.</i>' <p>Memorial Sacrifice</p> <ul style="list-style-type: none"> • The Israelites left Egypt and we remember this as the first Passover. • The Last Supper was the Passover meal Jesus shared with his disciples before he was crucified. • The Eucharist is the taking of bread and wine at mass when we remember the Last Supper. <p>Sacrifice</p> <ul style="list-style-type: none"> • The devil tried to tempt Jesus in the desert and Jesus resisted. • Judas betrayed Jesus. • At the end of the Mass on Maundy Thursday, the priest takes the Blessed Sacrament to the altar of repose, where people keep watch to remind them of Jesus praying in the garden of Gethsemane and asking his friends to "<i>keep watch with me.</i>" • Jesus was arrested and went on trial with Pontius Pilate. • The Stations of the cross are ... (Name 3) • Alleluia is not used in Lent. 	<p>Islam – Ramadan & Pilgrimage</p> <ul style="list-style-type: none"> • The ninth month in the Islamic calendar is called Ramadan. • Muslims fast for the whole month of Ramadan during daylight hours. • The first day of the month after Ramadan is called: Eid-ul-Fitr, which means 'festival of fast-breaking'. • Eid lasts for 3 days. • Many Muslims make a pilgrimage to Makkah (Mecca) at least once in their lifetime. <p>Transformation</p> <ul style="list-style-type: none"> • On the road to Emmaus, two men were walking and did not recognize Jesus. • After being touched by the Holy Spirit, he became the apostle Paul, a preacher of the church. • The fruits of the Holy Spirit are: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control. (Name 3) <p>Freedom & Responsibility</p> <ul style="list-style-type: none"> • God gave Moses the Ten Commandments on Mount Sinai. • The Ten Commandments give us rules to live by-things we shouldn't do. • The Ten commandments are ... (name at least 3) • The Beatitudes tell us what it means to be blessed. • The greatest commandment is to love God and love your neighbour. <p>Stewardship</p> <ul style="list-style-type: none"> • The book of Genesis tells us about the goodness of God's creation. • A steward is someone who has the responsibility to care for something that belongs to someone else. • We all have a responsibility to take care of the earth and everything in it. • We can be stewards of God's creation by ... (Name 3) • Pope Francis wrote a letter called Laudato Si' addressed to every person on the planet, asking us all to protect the earth.

Year 6

Loving Vocation and Commitment Judaism – Rosh Hashanah, Yom Kippur Expectations	Sources Unity Death and New Life	Islam – Guidance for Muslims Witness Healing Common Good
<p>Loving</p> <ul style="list-style-type: none"> Unconditional love is known as affection without any limitations, or love without conditions. Baptism is the Christian religious rite of sprinkling water on to a person's forehead or of immersing them in water, symbolizing purification and admission to the Christian Church. The parable of the Prodigal Son tells the story of unconditional love and forgiveness. The father is representative of God's unconditional love for us. Titus was an early Christian missionary and church leader <p>Vocation and Commitment</p> <ul style="list-style-type: none"> John baptized Jesus, in the River Jordan with the Holy Spirit. Andrew was Simon Peter's brother, he called Jesus the Messiah. The Sacrament of Ordination is the journey and process when a man is anointed as a priest. The Paten is a plate typically made of gold/silver that holds the bread during the Eucharist and sometimes covers the chalice The Chalice is the wine cup. The Ciborium holds the Eucharist and is kept in the tabernacle. <p>Judaism – Rosh Hashanah, Yom Kippur</p> <ul style="list-style-type: none"> Rosh Hashanah is the Jewish New Year. The shofar is a ram's horn which is blown one hundred times on each of the two days of Rosh Hashanah to call the people to repentance. At Rosh Hashanah Jews eat apples dipped in honey and pomegranate seeds. The ten days from Rosh Hashanah to Yom Kippur are called ten days of awe. Yom Kippur (Day of Atonement) is the holiest day of the Jewish year when people express sorrow for their sins and receive God's forgiveness <p>Expectations</p> <ul style="list-style-type: none"> To expect something means that there is strong possibility or certainty that it is going to happen. Advent is a time of joyful expectation, as we prepare to receive Jesus into our lives and share his gift with others. God became a human being, Jesus – the Incarnation and Mary was his mother. 	<p>Sources</p> <ul style="list-style-type: none"> The Bible is a collection of different kinds of books or writings, which we call Holy Scripture. The books of the Old Testament tell of the events before the coming of Jesus. The New Testament tells of the birth, life, passion, death and resurrection of Jesus and of how the Church began and grew as it spread the Good News. There are seventy-three books in the Bible. The Old Testament is important for Jewish people as well as Christians. The New Testament contains the four Gospels (Matthew, Mark, Luke and John), letters, acts and revelation. <p>Unity</p> <ul style="list-style-type: none"> We are in communion (union, a relationship, at one with) with Jesus. The celebration of the Eucharist is a sign of being at one with God: Father, Son and Holy Spirit, as well as being at one with one another The Communion Rite focuses on peace, unity and forgiveness. The 'Our Father' is from Matthews Gospel. When we share the sign of peace we are sharing with one another the gift of peace and unity which Jesus gave to his followers. When Christians receive Christ in Holy Communion, not only do they become one with him, in communion, but also with those whom Christ loves - all people. <p>Death and New Life</p> <ul style="list-style-type: none"> Lent begins on Ash Wednesday when the priest blesses ashes (made from the previous year's Palm Sunday palms) and makes a cross with them on the forehead of each person. Jesus said 'I am the Bread of Life' Mary and Martha had a brother called Lazarus, who was raised from the dead. Holy week begins on Palm Sunday and ends on Easter Sunday. The Sacred Paschal Triduum includes Holy Thursday, Good Friday and On Good Friday we are invited to venerate the Holy cross. At the beginning of the Easter Vigil is the blessing of 	<p>Islam – Guidance for Muslims</p> <p>The five pillars of Islam are:</p> <ol style="list-style-type: none"> SHAHAD: <i>'There is no God but Allah and Muhammad is his messenger.'</i> SALAH: Muslims should pray five times a day. ZAKA: Muslims should give to the poor. SAWM: fasting. During the months of Ramadan, Muslims go without eating and drinking during daylight hours. HAJJ: once in a lifetime Muslims are required to make a pilgrimage to the holy places in Makkah. <p>Witness</p> <ul style="list-style-type: none"> At the Ascension Jesus returned to his Father and promised his disciples that he would send them the Holy Spirit to enable them to continue to spread the Easter message and be his witnesses. Stephen was the first Christian martyr. A martyr is a person who holds to a belief so strongly that he or she is willing to die for it. Paul, Timothy, Stephen and Lydia were witnesses to the Good News of the Gospel in the early days of the Church. An example of a modern day witness is ... We can be a witness by prayer, our words, our life and kind deeds. <p>Healing</p> <ul style="list-style-type: none"> Jesus showed compassion when gave sight to a blind man. Christians are called to care for others, especially for those most in need. The Parable fo the Good Samaritan teaches us to help others. The anointing with oil is a symbol of healing. When a person is near to death, there are three Sacraments which they may wish to receive: The Sacrament of Reconciliation, the Sacrament of the Anointing of the Sick and Holy Communion. Lourdes is an important place of pilgrimage for sick people. <p>Common Good</p> <ul style="list-style-type: none"> Micah was a prophet of the Old Testament and gives

- We remember the Annunciation in the traditional prayer 'The Angelus'
- Paul tells people to be ready for Jesus' second coming and to say 'Maranatha!'
- Being called into fellowship means to be called to join Jesus, called to be like Jesus, called to spread God's word.

new fire and the lighting of the Paschal (Easter) Candle.

- us a message of hope for the future.
- Jesus tells us that whenever we look after one another, we have looked after him. We should care for our sisters and brothers all the time.
 - CAFOD is an example of a charity who put faith into action.
 - We should put our faith into action to achieve the 'common good' which means 'for the good of all'.
 - The Beatitudes are a guide from Jesus about how to live life.